

BREAKFAST 6:00am to 2:00pm LUNCH 11:00am to 2:00pm  
\*\*EXTRA PLATE CHARGE \$2.00\*\*

## **BREAKFAST SPECIALTIES**

3 small Buttermilk Pancakes may be substituted for hash browns and toast;  
Seasonal Fresh Fruit may be substituted for hash browns for: \$1.00

### **\* RAINBOW TROUT & EGGS**

Grilled boneless fillet served with two eggs, hash browns  
toast & jelly  
\$16.45

### **\* BACON or SAUSAGE or CANADIAN BACON**

with 2 eggs, hash browns, toast & jelly  
\$10.45

### **\* TWO EGGS**

any style, with hash browns, toast & jelly  
\$8.95

### **STRAWBERRY CREPES**

3 delicate crepes filled with our sour cream filling and  
topped with our strawberry topping  
\$8.95

### **\* PANCAKE SANDWICH**

ham or bacon between two fluffy cakes,  
topped with an egg  
\$9.95

### **\* GRILLED BONE-IN HAM STEAK**

with 2 eggs, hash browns, toast & jelly  
\$12.45

### **TRADITIONAL FRENCH TOAST**

2 thick slices of French bread topped with butter &  
powdered sugar with topping add \$1.00  
\$7.95

### **NON-TRADITIONAL FRENCH TOAST**

Our homemade Apple Pecan, Banana Walnut or Peach  
Pecan quick bread dipped in egg and grilled to perfection  
topped with butter & powder sugar  
\$8.95

### **MEATLESS BREAKFAST SKILLET**

Plant based protein, grilled mushroom, onion & green  
pepper served over white rice & topped with 2 eggs and  
avacado served with toast & jelly  
\$10.65

### **\* EGG'S BENEDICT**

2 poached eggs & Canadian bacon on a grilled English  
Muffin with hollandaise sauce, tomatoes & green onion  
served with hash browns NO pancake substitution  
\$13.95

### **\* STEAK & EGGS**

6 oz sirloin steak, two eggs, hash browns, toast & jelly  
\$15.65

### **BREAKFAST BURRITO**

2 scrambled eggs, sausage, cheese, onion, green pepper &  
jalapenos wrapped in a flour tortilla served with hash  
browns, sour cream & salsa NO pancake substitution  
\$11.95

### **\* HOMEMADE MEATLOAF**

with brown gravy, 2 eggs, hash browns toast & jelly  
\$14.85

### **PIGS IN A BLANKET**

three link sausages wrapped in three fluffy cakes  
\$9.35

### **BREAKFAST QUESADILLA**

scrambled eggs, bacon & cheddar cheese in a flour tortilla  
topped with avocado served with hash browns, sour cream  
& salsa NO pancake substitution  
\$10.95

### **\* MORNING GLORY**

white rice topped with 2 mini beef burger patties 2 eggs and  
brown gravy served with toast & jelly  
\$11.95

### **AVOCADO TOAST**

2 slices of sour dough toast topped with avocado slices,  
tomato slices, feta cheese and a balsamic glaze  
\$9.95

### **CORDON BLUE SKILLET**

two eggs scrambled with ham & mushroom served over hash  
browns and topped with hollandaise sauce and green onion  
served with toast & jelly  
\$12.15

## **\*\*\*THE BEAR'S CHOICE\*\*\***

### **\* GRIZZLY BEAR**

Chicken Fried Steak Tender Certified Angus Beef covered  
with our homemade sausage gravy, 2 eggs, hash browns,  
toast & jelly  
\$14.95

### **BABY BEAR**

One egg and ham with melted cheese, served on an English  
Muffin  
\$7.95

### **\* PAPA BEAR**

Our homemade biscuit with sausage gravy, two eggs,  
hashbrowns, choice of bacon or sausage & cheddar  
sprinkled on top Choice of Ham Steak \$2.00 extra  
\$11.45

### **\* MAMA BEAR**

One egg & two strips of bacon with choice of toast or one  
cake or one piece french toast  
\$8.95

### **"BEAR"LY BREAKFAST**

Seasonal fresh fruit served with yogurt and choice of homemade quick bread, muffin or toast & jelly  
\$10.15

## **DON'T FORGET A.....**

### **RUNNING BEAR BOX LUNCH**

Choice of ham, turkey, pastrami or roast beef sandwich on a hoagie bun  
with chips, apple, trail mix and a bottle of water \$10.95

18% Gratuity added to Groups of 8 or more